

Intensives IS1, IS3, & IS4

Thursday, September 23, 9:00 am – 4:00 pm

IS1 - *Becoming an Embodied Therapist: Accessing the Language of the Body in Treatment* – Susan Kleinman

This seminar presents an opportunity for mental health professionals to learn how to discover and trust their innate ability to "attend" empathically, respond authentically, and translate non-verbal experiences into cognitive insights. Experiential body/mind exercises based on dance/movement therapy principles will be used along with didactic presentation to integrate a more embodied approach into traditional psychotherapy theory and practice. Participants will learn how embodied methods can be used to treat eating disorders and trauma.

IS3 – *Embodied Neurobiology* – Kalila B. Homann

Recent advances in affective and physiological neurobiology have greatly enhanced our understanding of the mind's integral relationship to the body. This training covers aspects of the structure and function of the brain that are of particular interest to dance movement therapists. The workshop will explore the role of the brain stem in arousal and rest, the limbic system in organizing memory, emotion, and sensory processing and the association cortex in our perception of experience. Brain lateralization and mirror neurons will also be introduced through dance/movement as clinical applications are discussed.

IS4 – *Fostering Global Well Being: Easing Recovery from War and Organized Violence through Dance/Movement Therapy* – David Alan Harris

The presenter will share insights on trauma recovery and self-care from his work as a clinician, trainer, and program manager in post-conflict Africa and elsewhere. Experiential learning, video screening and analysis, lecture and discussion will underscore DMT's unusual potential as a source of community healing and reconciliation after massive violence.

Intensives IS2, IS5, & IS6

Thursday, September, 9:00 am – 12:00 pm

IS2 - *DMT and White Identity in a Multicultural World: Where do I fit in? How can I help?* – Elizabeth Templeton

White Identity – what does it mean? To be conscious of one's own cultural identity is an essential step toward the elimination of racist policies and practices. But to identify oneself as White in today's world can be fraught with a sense of uncertainty, loss, guilt, and defensiveness. This workshop is intended for the dance/movement therapist who wishes to gain deeper insight into the concept of White identity and how this identity can affect our therapeutic relationships with clients of color. Topics to be explored may include: Helm's stages of White identity development, White privilege (and the concept of becoming an ally), traditional values and aesthetics of DMT practice, and reflections on one's own personal dance history from a cultural perspective. Through an overview and discussion of White identity theory, experiential activities, and thoughtful considerations regarding one's own clinical practice, not only will we gain clarity about what it means to be a White dance/movement therapist in today's world, but we may also gain clarity about a plan of social action.

IS5 *Embodied Ethical Decision Making* – Lenore Hervey

Dance/movement therapists work from a place of embodiment, and this workshop will focus on moving through ethical decision-making with awareness of embodied or kinesthetic responses to challenging situations, and letting these signals be guides throughout the process. Participants are encouraged to bring their own real situations about which they will move toward sound ethical decisions. These will be explored through brainstorming, individual movement, artwork, journaling, small and large group discussion, supervision role-playing, and collegial consultation. Careful attention will be paid to maintaining appropriate boundaries around clinical and personal concerns.

IS6 – *The Kestenberg Movement Profile in a Relational Framework: The Affective and Interpersonal*– Silvia Birklein and Tamar Kipnis

This intensive will address the use of the Kestenberg Movement Profile (KMP) within a relational psychoanalytic perspective. Specifically, participants will explore tension flow attributes and shape flow from a co-constructed and relational framework. Attention will be given to multiple processes of affect dynamics and structure, and their interpersonal implications. Learn from a KMP master teacher and an experienced clinician in a seminar that integrates video, experiential learning, discussion and lecture methods to bring the concepts to life, and inform your clinical work.

Lunch Break & Visit Exhibitors

Thursday, September 23, 12:00 pm – 1:00 pm

Intensives IS7, IS8, & IS9

Thursday, September 23, 1:00 pm – 4:00 pm

IS7 – *Introductory Experiential Workshop and Continuous Support Group* – Linni Deihl

An introduction to dance/movement therapy integrating Marian Chace concepts, Effort/Shape movement analysis, group process and leadership techniques. Participants will be involved in an interactive process through kinesthetic and personal involvement. **This workshop is designed for students and allied professionals new to ADTA conferences.** This group will meet daily during the conference for continuing support.

IS8 – *Moving, Sensing, Meaning and the Written Word in Print* – Patrizia Pallaro and Beate Becker

How do we translate our clinical experience and research into written communications in professional journals that our colleagues will read, value, and cherish? What are the tools, and what is the process of conceiving, shaping and fine-tuning an article for publication -- be it from a thesis, dissertation, research project, or unique project, experiential work or a theoretical paper? How do we create in writing an organic, documented product? The process of being a witness and the tools we use in training ourselves to become one, are applicable to the process of writing. We will look at organizational techniques such as magic sheets (a.k.a. "mapping"), and witness how our own emergent need for clarity allows us to delve into the journey of writing. Focus on APA writing guidelines, copyright law and plagiarism, book proposals development, marketing techniques, and web-based services, completes this workshop.

IS9 – *Counseling's Vision 20/20 and DMT: Considering your Future* – Leslie Armeniox

What should dance/movement therapists take into consideration when planning a career? What's happening now in the field of counseling, and what does that mean for DMT? "Vision 20/20" is a collaboratively-derived plan for directing the growth of the counseling field. The ADTA's Professional Relations Liaison for Counseling will cover this cutting edge development, as well as topics of licensure, reimbursement, and practice. The workshop will not include individual consultation regarding licensure but will provide an overview and information so that people who are interested are better equipped to navigate the process. (Lecture, discussion)

Opening Ceremony

Thursday, September 23, 7:00 pm

Welcome

Performances:

The Harkness Repertory Ensemble

92nd Street Y Harkness Dance Center

New York University Dancers - (Our) Last Indulgences

Setusuko Yoshimura – Shirabyosi-Mai (Japanese Court Dance)

Regional Caucuses

Business Breakfast Meeting, Awards, & Induction of Officers **Friday, September 24, 7:15 am – 8:30 am**

Seminars A1 – A9

Friday, September 24, 8:45 am – 10:45 am

A1 – *Ways of Seeing and Making Meaning: East and West* – Meg Chang, Yukari Sakiyama, Rainbow T.H. Ho, Warin Tepayayone, and Stacey Hurst

How we see the human body in movement and the meaning we make of such movement is influenced by our culture-specific backgrounds. Movement observation systems derived from centuries-old ways of seeing and analyzing movement in Japan, Korea, Thailand, and Hong Kong is presented to broaden intercultural understandings and enrich clinical practices.

A2 – *Movement Diagnostics: the Contribution of Movement Profiles to Diagnosis and Treatment* – Nava Lotan

Movement Profiles of youth diagnosed with Autistic syndrome, Anorexia Nervosa or Mental Retardation are presented. The movement is captured by a 3D computerized analysis system. Each population is characterized with a typical movement profile. A discussion focuses on the contribution of Movement Diagnostics to the DSM assessment and D/MT intervention.

A3 – *The Connection of Yoga to the DMT Process* – Laurice Nemetz, Emma Barton, Inga Benson, Amy Borskey, and Leslie Daly

This session will introduce dance movement therapists who also work in yoga and yoga therapeutics as well as the relationship to DMT. We will explore through panel discussion and experiential format the connections between this very ancient discipline and our modern interpretations of utilizing this form with DMT.

A4 – *Dance/Movement Therapy and Educational Technology: Cross-pollinating Models using e-Learning, e-Research and e-Outreach* – Jo Ann Hammond-Meiers

This Power Point presentation, with handout containing resources, is for learners and educators who want to address ways Dance/Movement Therapy and interdisciplinary professions enhance e-learning, e-teaching, e-research, e-outreach, e-multimedia, educational technology, e-research, open source education, online interviews, visual and kinaesthetic concerns with e-learning, edu-blogging, and learning management systems.

A5 – *Mind-Body Awareness in the Treatment of Eating Disorders and Obesity* – Silvia Fiscalini and Thea Rytz

Mind-Body Awareness has shown itself to be an effective therapeutic tool in the treatment of eating disorders and obesity. We will explore the connection of new findings in neuroscience focusing on emotion regulation and reclaiming sensory experience. We will introduce exercises facilitating experiential understanding of our approach.

A6 – *Patterns of Connections: A Dance Mosaic* – Rachel Federman-Morales

The presentation will highlight the authenticity of a student population with severe disabilities caused by cerebral palsy. Participants will learn about a collaborative dance project with able and severely disabled bodied dancers. We will explore the collaborative process and how patterns of connections develop with a consistent and repetitive structure.

A7 – *Dance/Movement/Word Therapy: Dance Activism for Human Rights and Social Change* – Bonnie Bernstein

The Blanche Evan method of Dance/Movement/Word Therapy provides a rich wellspring for guiding clients toward meaningful life change. This experiential and didactic workshop will highlight my approach with survivors of sex trafficking, trauma and abusive in Kolkata, India using Evan-based methods for encouraging personal empowerment, dignity and building inner strengths.

A8 – *Client-Reported Body Awareness as an Assessment Tool in Dance/Movement Therapy* - Fatina Hindi and Christine Caldwell

This presentation explores the efficacy of body awareness in DMT assessment, including the function of body awareness in the therapeutic relationship as well as the training of DMT's. The development and application of new, socioculturally competent body awareness assessment tools will be discussed.

A9 – *Dancing with Parkinson's* – Ellen Talles, Olie Westheimer, David Leventhal, John Heginbotham, and Misty Owens

Mark Morris Dance Group and Brooklyn Parkinson Group collaborated to develop weekly dance classes in which persons with Parkinson's learn skills dancers use to control movement and experience the joy of dance. After MMDG teachers lead a master class, a DMT will discuss initiating this innovative program in her community.

Break & Visit Exhibitors

Friday, September 24, 10:45 am – 11:15 am

Seminars B1 – B8

Friday, September 24, 11:15 am - 1:15 pm

B1 – *Body-mind integration in Medical Education: Dance/Movement Therapy's Contribution* – Lenore Hervey, Laura Downey, Susan Imus, Shannon Lengerich, and Kimberly Rothwell

For five years a course called “Embodiment: A Way of Knowing Your Patients” has been taught to medical students by dance/movement therapists. What have students and faculty learned from this experience? What can dance/movement therapy contribute to the physician-patient relationship and the body-mind well-being of future physicians?

B2 – *Authentic Movement; From Experience to Data to Knowledge* – Paula Sager

This presentation looks at Authentic Movement as a research-oriented practice and discusses its relationship to other qualitative methodologies. The presenter will share the process of data collection in her study of witness consciousness in Authentic Movement. This study revealed four phenomenological themes that participants will explore through an experiential exercise.

B3 – *Treating Aviophobia: Moving the Trauma – Dancing the Fear Away* – Antonia Arboleda-Hahnemann

This presentation will illustrate the application of dance/movement therapy in treating Aviophobia in the context of a Fear-of-Flying Seminar. It addresses professionals working with phobias, anxiety disorders or clients who experienced traumatic situations. The lecture will contain theoretical and experiential methods and will provide time for discussion.

B4 – *The Essential Role of the Body in the Parent-Child Relationship: Nonverbal Analysis of Attachment* – Suzi Tortora

A comprehensive review of research discussing the infant's experiences that occur outside of verbal conscious awareness, described by Stern as “implicit knowledge” will be presented. Discussed from a developmental and attachment perspective, the important role qualitative aspects of nonverbal expression and exchange will be highlighted using a parent- infant attachment relationship analysis system.

B5 – *Foundations of Cuban Psicoballet and an Application with Latino Adults with Depression* – Amanda Gill

In this workshop the history and objectives of the Cuban psychotherapeutic method *Psicoballet* (psychology and ballet) will be discussed. Through lecture, video, and an experiential, participants will learn about the therapeutic effects of this uniquely Cuban dance therapy method used with children and adults.

B6 – *Embodying Gender Identity: DMT with Transgendered Clients* – M. Eve Hanan

Transgendered people undergo seismic changes during transition. How can DMT support clients experiencing social, cognitive and affective responses to these changes? This workshop introduces themes that emerged for transgendered clients engaged in a series of DMT sessions. Participants will explore the experience and expression of gender in movement and discussion.

B7 – *The Dance of Coherence: A Neurobiological Approach to Mind/Body* – Kris Eric Larsen

An exploration of coherence developed by Daniel Siegel. As an acronym, coherence includes “connection, openness, harmony, engagement, receptivity, emergence, noesis, compassion and empathy”. Through the dance, we will explore

these stages and investigate how the creative process of dance and the integration of hemispheres can be the bridge to flexible and stable organized minds.

B8 – Embodied Learning: Increasing Pro-Social Skills and Decreasing Violence – Rena Kornblum

Embodied learning increases productivity, emotional growth, and the sense of well-being. Participants will experience a movement-based social skills and violence prevention curriculum authored by the presenter. Empathy, anger management, modulating arousal & multi-cultural uses of proximity in clinical and prevention settings will be explored. New concepts & unpublished handouts will be available.

Lunch Break & Visit Exhibitors

Friday, September 24, 1:15 pm

Films for Thought and Action

Films 1 – 3

Friday, September 24, Times Vary

Film 1: 1:45 pm – 4:15 pm – *Hunger and Satisfaction: Dance/Movement Therapists Explore Societies Concepts about Women and Their Bodies*

Discussion about Film - *disFIGURED: A Movie about Women and Weight*

Dance/Movement Therapists are the leading experts in understanding and treating body image distortions through the unique modality of expressive movement. In this presentation the audience will view the feature-length movie written, produced, and directed by Glenn Gers titled “*Disfigured: A Movie about Women and Weight.*” This touching and courageous movie candidly follows the story of the struggling friendship between two very different women: Darcy, a driven recovering-anorexic and her physical opposite, Lydia, a fat, graceful beauty.

Following the movie, moderator Patricia P. Capello will introduce Susan Kleinman, a dance/movement therapist specializing in eating disorders and Dr. Seymour Gers, a psychiatrist who will present his clinical review of the film. The discussants will briefly identify and discuss the key issues depicted through the characters as they confront deeply-buried feelings about their bodies and their reactions to how society experiences women of different sizes. Treatment rationales, clinical vignettes, and techniques specific to the modality of dance/movement therapy will be investigated. The audience will have an opportunity to ask questions and share their personal experiences, reactions, and observations.

Film 2: 2:15 pm – 4:15 pm - *What Do We Really Know About Gender & Sexuality?*

Discussion about Films – *Queer Son* and *Tru Loved*

The Multicultural and Diversity Committee (MC & DC) invites you to view segments of documentary film *Queer Son*, presciently conceived and directed by dancer/filmmaker Vickie Seitchik in 1985, and the new commercial release *Tru Loved*. These films present a range of supportive and conflictual dynamics related to sexual orientation and identity development within family and peer relationships. The power of claiming authentic selfhood within one's social context will be explored in this clinically and personally relevant seminar.

Q&A with filmmaker (and mother) Vickie Seitchik and MC & DC members Meg Chang, Christine Hopkins, Kalila Homann, Maria Rivera, Ty Tedmon Jones, Elizabeth Templeton and others will expand on themes of gender, gender expression, sexuality and sexual orientation and how such themes are ever-present in the collective repertoire of a Dance/Movement Therapy session.

An open and multicultural movement experiential will follow films. Please join us to move and be moved, and in keeping with our annual tradition, to join members of the committee, ADTA Board Members and other Multicultural/Diversity allies for dinner at a local restaurant afterwards.

Multicultural and Diversity issues offer both gifts and challenges for the dance/movement therapist today. Increased knowledge in these areas prepares us to provide culturally appropriate interventions, improved supervisory skills, and enhanced interpersonal functioning in the workplace. The MC & DC invites you to join us for this open, non-judgmental exploration!

Film 3: 2:15 pm – 4:15 pm – *Movement (R)evolution: a story of an art form in four acts*

Discussion about Film

“Where are the stories of fiercely creative African individuals and what do they have to tell us about their lives? Meet Movement (R)evolution Africa’s choreographic trendsetters. Hailing from Senegal to South Africa, the perspectives and creative processes of these dancers and choreographers present fresh images of Africa, and bring to life the continent’s contemporary identity. As they juxtapose reflection, rehearsal and performance, the artists open a window onto the emergent choreographic landscape of Africa in the 21st century, and ignite a new understanding of today’s Africa and the global society of which we are all a part. Combining innovative narrative techniques and striking footage of dancers at work in the studio and on stage, Movement (R)evolution Africa explores an astonishing exposition of choreographic fomentation. The choreographers reveal emotionally complex and deeply contemporary expressions of self.”

(<http://www.der.org/films/movement-revolution-africa.html>)

“The sum of these artists’ stories is a deeply human encounter with creativity that positions African choreographic innovation as a veritable aesthetic revolution.” (<http://www.movementrevolutionafrica.com/press.html>)

This 65-minute film, directed and produced by Joan Frosch, will be followed by a panel discussion with dance/movement therapists and Professor Frosch herself. We will explore the new intersections of cultural expressions as manifest in the African experimental dance movement, the use of African forms in DMT practice, modern dance aesthetics, and a critical examination of the cultural aesthetic as is ground and impacts dance/movement therapy in a pluralistic society. The showing of the film is sponsored by the Drexel University DMT Program. Deborah Jowitt of The Village Voice said, “The film is a knockout!” Panelists: Maria Rivera, BC-DMT, Laurel Thompson, BC-DMT, Ellen Schelly Hill, BC-DMT (moderator) and Joan Frosch (Producer/Director of Movement (R)evolution Africa).

Research & Thesis Project Poster Session

Friday, September 24, 4:15 pm – 5:30 pm

Special Interest Group & Committee Meetings

Friday, September 24, 5:30 pm – 7:00 pm

Movement Warm-ups

Saturday, September 25, 7:00 am – 7:45 am

Warm-up Option 1: *Wanna Dance?* – Emily Day

An hour of dancing to music DJ'd by Emily Day, Certified Roth 5Rhythms Wave and Heartbeat teacher. Relax your mind, engage your heart, and free your spirit!

Warm-up Option 2: *Yoga* – Ashley Getz

Ashley will be teaching a 45 minute vinyasa yoga class. The class will flow through series of unique sequence postures in a fun and relaxing atmosphere. Come enjoy a morning flow that will energize and center your mind, and leave you feeling rejuvenated and alive! All levels welcome.

Seminars C1 – C9

Saturday, September 25, 8:00 am – 10:00 am

C1 – *DMT Therapist Transitions from Medical Model Systems to the Recovery Model* – Ellen Schelly Hill, Jacqueline Blatt, Jill Comins, Cynthia Jones, and Anne Margrethe Melsom

DMT panel members, from diverse practice settings, will discuss their transitions from medical model systems to the Recovery Model. Recovery is a strengths based, holistic, person centered approach for those living with severe mental illness. Panel members will discuss client-therapist- system shifts, challenges, and gains involved in working within this orientation.

C2 – *From Being Broken to Feeling Proud: DMT with sexually abused men* – Zvika Frank, Simone Kleinlooh, and Borut Kocar

This treatment method is developed and used in The Netherlands with outpatient groups of male survivors of sexual abuse. If the body has been traumatized, the body needs to be addressed. DMT, in combination with CBT, offers useful and appropriate interventions on the body level in the here and now.

C3 – *Building Safe Boundaries in Families Affected by Sexual Abuse* – Sally Totenbier

Safe Boundaries, derived from Rena Kornblum's "Disarming the Playground", addresses trust, personal safety, and body boundaries in families that experienced sexual abuse. Learn how the collaborative experience between dance/movement therapists and other disciplines secured a national grant funding this program. Try fun activities that teach children safety in an unsafe world.

C4 – *Gene Expression and Neuroplasticity: Implications for Dance/Movement Therapy and Alzheimer's Disease* – Lora Wilson Mau

Neuroscience supports that brain plasticity can be increased via the experience of novel and salient sensorimotor experiences. Leave this workshop with an embodied understanding of how DMT specifically fosters gene expression and enhances brain plasticity and why these processes are crucial in the prevention and treatment of Alzheimer's disease.

C5 – *Dance in the Urban Elementary School Setting: It Takes Two to Tango* – Elise Billock Tropea and Mafalda Thomas-Bouzy

Our multi-media, multi-arts experiential presentation will demonstrate our work/play with the *Dancing Classrooms'* curriculum and is open to all conference participants. The myriad insights that DMT and a public-school dance program can offer, address the fundamental issues of children's mutual respect, self-esteem and personal growth-- the heart of our life's work.

C6 – *Mismatches between Word and Gesture – A Realm to be Discovered* – Orit Sonia Waisman

This is an experiential workshop which is offered to dance movement therapists. Movement exercises and texts will provide the basis for the explorations of some of the connections between word and movement in their various settings. Particular attention will be given to instances of mismatch between word and gesture.

C7 – *Healthy Aging – Creative Movement as a Vehicle for Strengthening Memory* – Laurie B. Ludmer

Positive aging involves maintaining a healthy body and an active brain. Creativity is a thread uniting those two important components. Maintaining and strengthening memory while sustaining physical health is possible through the therapeutic and creative use of dance and movement.

C8 – *The Mosaic of the Future – Community and Peace Building Across Cultures through Stories, Music and Dance with Children* – Lynn Koshland

Creative ideas and solutions are evolving from the children of our future to create a new global mosaic that re-imagines what community and peace is. Components of the *Dance/movement therapy* violence prevention program designed for a multi-cultural elementary school are presented in this session by which an appreciation of cultural diversity, developing effective interpersonal relationships, and a means to handle differing viewpoints is taught. This presentation will explore using the dance/movement therapy group process, music, and stories presented from different cultures that depict social issues of differences, conflicts, and relationship problems. Participants will practice methods of: 1) leadership and self-control, 2) emotional regulation, and 3) relationship-building skills through specific movement improvisations, music, and children’s stories that deal with issues at the root of social problems used in the program, video samplings, and discussion.

C9 – *Mindful Multicultural Dance Therapy: Integrating Mind-Body-Spiritual Worlds for Compassionate Healing us and Community* – Rosa Granadillo-Schwentker

Participants explore issues of self-formation and personal history connected with Diversity and Compassion in their pursuit of deeper psychological meaning of themselves as integrated mind-body-spiritual beings. Dancing together and delving into their narratives and processes, they hold and acknowledge differences compassionately while rehearsing to relate with themselves and others mindfully.

**Marian Chace Foundation Lecture
Saturday, September 25, 10:15 am – 11:45 am**

The need to be seen - From Winnicott to the Mirror Neuron System DMT Comes of Age – Suzi Tortora

**ADTA’s First Flash Mob Dance
Saturday, September 25, 11:45 am at Brooklyn Borough Hall**

Directions to Brooklyn Borough Hall. See below:

[333 Adams St Brooklyn, NY 11201](#)

1. Head south on Adams St/Brooklyn Bridge Blvd toward Myrtle Ave Continue to follow Adams St 0.1 mi
2. Turn right at Fulton St 49 ft
3. Continue onto Joralemon St 456 ft
4. Slight right at Court St Destination will be on the right 351 ft

[Borough Hall](#)

[Show on Google Maps](#)



Lunch Break & Visit Exhibitors Saturday, September 25

Seminars D1 – D8 Saturday, September 25, 12:45 pm – 2:45 pm

D1 – Profiles of Dance/Movement Therapists - Linni Deihl, Miriam Roskin Berger, Sharon Chaiklin, Iris Rifkin Gainer, and Claire Schmais

A living history of the field of Dance Movement Therapy given by our panel of dance therapists who have lived and danced and practiced Dance Movement Therapy for many decades. We live in different states, we practice in different ways, but we all have significantly contributed to the body of knowledge in our field. Let's capture these stories while we still can! The panelists will present theories and concepts from our pioneer dance therapists, integrated and implemented with our own resources in our work in private practice, psychiatric hospitals, schools and prisons. We present second generation dance therapists whose lives and work has been grounded in both dance and dance therapy. All of us have been educators in the field of dance therapy and it is our promise to influence, inspire, and share our love for our chosen profession.

D2 – Developing Cultural Competence in Dance/Movement Therapy with LGBTQ Consumers – Ty Tedmon-Jones and Kim Burden

Sexual and gender identity issues impact all individuals in core/essential ways; it is therefore important that Dance/Movement Therapists & allied professionals develop knowledge and skills in these areas to help further the psychological integration of their clients. Developed for all conference attendees, this workshop will further participant's awareness of, understanding of and comfort with sexual & gender identity content in group and individual clinical contexts to improve clinical & supervisory effectiveness.

D3 – Assessment and Evaluation of Dance/Movement therapy Programs for Children with Intellectual Disabilities – Kim Dunphy and Sue Mullane

This presentation will introduce a tool for assessment and evaluation in dance movement therapy programs for children with special needs and intellectual disabilities. An integrated experience of theory, research and practice will be provided; the theoretical presentation will be complemented by practical application using video material and an interactive discussion.

D4 – An Interactive/Experiential Panel: Exploring “Movement Thinking,” Labananalysis and DMT – Nancy Beardall, Catherine McCoubrey, Carol-Lynne Moore, and Suzi Tortora

Continuing in the tradition of presenting a yearly Labananalysis panel, this year's panelists will present material and experiential exercises applying movement thinking and problem solving approaches to training DMT students, clinical practice and research.

D5 – *Speaking with the Body: Helping Young Children Heal from Trauma and Abuse* – Claire LeMessurier

The body offers a way to heal from trauma. This workshop will explore how dance therapy can be used to help young children recover from trauma. Vignettes will be shared that illustrate this work, using an approach that combines relational and developmental theories, and invites movement, play and creative expression.

D6 – *Whole Person Approaches to Working with Trauma: Posttraumatic Growth* – Vivien Marcow Speiser and Ilene Serlin

Dance/movement therapy presents a Posttraumatic Growth approach to working with trauma. This approach is holistic, reawakening sensate and cognitive functions and existential and spiritual dimensions from the confrontation with mortality. The workshop covers trauma experiences in Israel and the US, focusing on the development of creativity, resiliency and courage.

D7 – *The Pediatric Trauma Brain: Focus on Neurophysiology, Movement, and Mind-Body Centering Applications* – Tracey Turner-Keyser and David Keyser

This is a combination of seminar, experiential learning, and presenter-audience interaction. The target audience is DMTs working with trauma issues in children ages of birth and 18. The latest research on the trauma brain using movement will be reviewed. The five points critical to the treatment plan will be detailed.

D8 - *Movement Thinking and Psychoanalysis: Integrating Concepts* – Beth Kalish

Laban's concept of "movement thinking" will be explored as it is being used in psychoanalytic psychotherapy and psychoanalysis by a former dance/movement therapist. Links between dance/movement therapy theory and practice and psychoanalytic theory and practice will be emphasized with clinical case material.

**International Panel: *Men in Dance Therapy*
Saturday, September 25, 3:00 pm – 5:30 pm**

*Dr. Guillermo Molina, Argentina; Pavel Bic, Czech Republic; Roland Schankula, Germany;
Dr. Vincenzo Puxeddu, Italy; Shoichi Machida, Japan; Dr. Sunyoung Park, Korea; Zvika Frank, Netherlands; Dr.
Alexander Girshon, Russia; Dr. Oleh Romanchuk, Ukraine; David Alan Harris, Sierra Leone, USA; Ted Ehrhardt, USA;
Jeff Gilbert, USA; Dr. James Murphy, USA
Dr. Miriam Roskin Berger, International Panel Chair
Patricia Capello, Associate
Nohemi Contreras, Tim Harling & Grace Ho, Assistants*

**Banquet Dinner & Dance, music by *Soul Be It*
Saturday, September 25, 7:30 pm**

Seminars E1 – E7

Sunday, September 26, 8:30 am – 10:30 am

E1 – *Clinical and Cultural Challenges and the Kestenberg Movement Profile (KMP)* – Susan Loman, K. Mark Sossin, Silvia Birklein, Suzanne Hastie, and Janet Kestenberg Amighi

This panel will address a variety of topics drawn from the Kestenberg Movement Profile (KMP) that are relevant to working clinically. Areas presented will be: the creation of a safe holding environment, transitions, trust, channeling aggressive behavior into creative outlets, cross cultural translatability, and links to contemporary theory.

E2 – *Preventing and Responding to Challenging Behaviors of Children and Adolescents in Groups* – Diane Duggan

This workshop will present strategies for preventing and effectively responding to behavior problems in dance therapy groups. Elements of movement, dance forms and strategies adapted from Positive Behavior Supports will be presented through lecture, movement experiences, small group activities, and discussion. Participants will adapt interventions to their own groups.

E3 - *Witnessing, Action and Stillness When Children Die* – Susan Cohen

Through the context of death and dying in children, we will explore the essence of how nonverbal viscera affect the nature of witnessing, action and stillness in our therapeutic choices.

E4 – *Remembering Roots to the Shamanic: Dance Archetypes for Healing Self and Tribe* – Dicki Johnson Macy, Robert Macy, and Valerie Blanc

This workshop will illustrate through film, didactic, and experiential presentation, a successful expressive arts community intervention, whose efficacy has been evaluated with controlled trials, internationally. Referring to ritual dances; it incorporates the vital building blocks for the simultaneous healing of individual and community following traumatic exposure to extreme environmental stressors.

E5 – *The Reality of Body and Bodily Culture-Same or Different Across Cultures?* - Meg Chang and Boon Soon Ryu

When DMT is practiced across cultures, what is similar, and what differs vastly; further, how can underlying historical and philosophical contexts explain the development of differences in the practice of DMT? A conversation with examples from daily life will raise the question of how and whether DMT can cross cultures.

E6 – *Dancing for Joy: Celebrating our Roots in Communal Healing Dance* – Kim Burden

This workshop will present an experiential movement journey drawing on diverse traditional and contemporary rhythmic structures. The presenter will share experiences of the positive impact of reconnecting personally with such movement practices on her work, and will describe adaptations of the work for various client groups. Small and large group discussion will follow.

E7 – *The Self behind the Symptom: How Hidden Inner Personalities Heal Our Bodies* – Judith Hendin

Beneath pain or illness lie buried sub-personalities, or “selves,” that are fervently calling to be discovered. Each sub-personality carries a specific, discrete energy and way of moving. When this pent-up energy flows through the body, symptoms often improve, and options expand. Presentation includes case studies, research results, facilitations, and movement.

Closing Movement Choir

Sunday, September 26, 10:45 am

Choreographed and led by Cathy McCoubrey and Jody Wager

Bring the conference to a close by joining the Movement Choir that will magically weave together events of the conference with the honoring of ADTA members who have been newly credentialed as R-DMTs and BC-DMTs since our last conference.