***ALTERNATE ROUTE COURSE CALENDAR***

Alternate Route Current Course Listing Procedure:

1. **Only courses approved for Alternate Route R-DMT training can be posted**.
2. List only active courses e.g. courses that will be or are currently being offered and open to AR students.
3. Course submissions should be sent to Barbara Nordstrom-Loeb (FBENordstrom.Loeb@gmail.com) with “ARES course listing” in subject line)
4. Course submissions must be brief and comply with the following information format:
* Name and email/phone number of the person submitting course information
* Region of course offering (e.g. USA West Coast; USA East Coast, USA Central, International, Distance Format)
* Dates and times of course
* Title of course (and level if relevant e.g. beginning, intermediate, advanced)/ course credits AND hours in parentheses.
* Location (City/State or City/Country)
* Primary Instructor’s name; Institution (if applicable)
* Email/phone contact for additional information
1. Course submission with incomplete or additional information will be returned to the submitter for revisions.
2. Courses will be posted three times a year, see below for dates.
3. Any changes or corrections to the submitted information should be sent to fbenordstrom.loeb@gmail.com.
4. Courses will be removed from the published list after the listed date of the first class session.

**Due dates send to Barbara (fbenordstrom.loeb@gmail.com):**

 **Dec. 15 (posting  Jan 1 )**

 **Mar. 15(posting April 1 )**

 **July 15 (posting Aug 1)**

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| **USA EAST COAST**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website** **(if applicable)** |
| Mar 8th-10th, 2024Friday - Sunday6:30pm-9:30pm EST | BRINGING DANCE TO OLDER ADULTS AND PEOPLE WITH DEMENTIA1 credit/15 hours | The 92nd Street Y, New York1395 Lexington Avenue(between 91st & 92nd street)New York, NY 10128 | Donna Newman-Bluestein, MEd, BC-DMT, CMA, LMHC |

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| EMAIL: dmtcoordinator92y@gmail.com |
| WEBSITE: |  |

https://www.92ny.org/dance/dance-therapy-program |
| March 14 – June 27, 2024Thursdays6:30 PM – 9:30 PM | Dance/Movement Therapy for Children and Adolescents3 credits/45 hours | Online via Zoom from Rochester, NY andAlbuquerque, NM USA & in-person June 27-June 30, 2024 | Danielle Fraenkel, PhD. LCAT, LMHC, BC-DMT. NCC, CGPMichele Iemolo, PsyD., BCBA, R\_DMT. RYT-200, Licensed Psychologist.  | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| April 5th-7th, 2024Friday-Sunday6:30pm-9:30pm EST | DANCE/MOVEMENT PSYCHOTHERAPY WITH INFANTS AND CHILDREN1 credit/15 hours | The 92nd Street Y, New York1395 Lexington Avenue(between 91st & 92nd street)New York, NY 10128 | Dr. Suzi Tortora, EdD, BC-DMT, LCAT, NCC, CMA |

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| EMAIL: dmtcoordinator92y@gmail.com |
| WEBSITE: |  |

https://www.92ny.org/dance/dance-therapy-program |

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| **USA CENTRAL**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Instructor/Institution** | **Email/phone contact/ organization website** **(if applicable)** |
| Jan. 13-14th, 2024Sat & Sun9am-6pm CST | DMT in Substance Use Recovery1 credit/15 hours | In person Chicago, IL, USA | Jessica Young/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Jan. 19th, 2024Friday 2-8 pm CST&Jan.20 – 22, 2024Sa/Sun/Mon9:30 am -5:30 pm CST | Movement Obs. 1: Introduction to Laban Movement Analysis/ Laban/Bartenieff Mvt. System 2 credits/ 30 hours | The Arena711 W. Lake Street, Studio 308 Minneapolis, MN | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART) | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| Feb. 2-4th, 2024& March 1-3, 2024Fri. 6pm-9pm CSTSat & Sun 9am-4pm CST | LMA II: Body & Effort2 credits/30 hours | In person w/online optionsChicago, IL, USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Feb. 10-11th,2024Sa & Sun9am-6 pm CST | LMA I: Observation1 credit/15 hours | In person w/online optionsChicago IL USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Feb 17-18th, 2024Sa & Sun9:30 am-5 pm CST | Authentic Movement 2: Seeing and Being Seen(1. ( 5cr/22.5 hrs) | The Arena 711 W. Lake St, Studio 308 Minneapolis, MN | Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART) | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| March 1-3 & April 5-7, 2024Fri.6-9pm CSTSat & Sun 9am-4pm CST | LMA II: Body & Effort2 credits/30 hours | In person w/online optionsChicago, IL, USA | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| March 15-17, 2024Friday6-9PM CSTSat. & Sun.9am-4pm CST | DMT w/Older Adults1 cr/15 hrs |  | Laura Allen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| March 21-24, 2024 Thurs.-Sun.9:30am - 5:00pm CT | Sitting alongside: A Multiversal Framework for Movement Observation & Assessment3 credits/45 hours4 days in person & 15 hours online | Austin, TX | Amber Elizabeth Gray, PhD, BC-DMT Embodied Neurobiology | **Contact email:**registration@embodiedneurobiology.com**Website (registration & course details):**[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| April 19-21 & April 26-28Fri. 6-9 pm CSTSat & Sun 9am-4pm CST | Neuroscience of Embodied Presence2 credits/30 hours | In person Chicago, IL, USA | Kris Larsen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| May 17-19 & June 7-9, 2024Fri. 6-9pm CSTSat & Sun 9am-4pm CST | DMT: The Chace Approach2 crs/30 hrs | Hybrid first weekend virtual, second weekend in personChicago, IL, USAIn person w/virtual optionsChicago, ILUSA | Laura Allen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
|  May 24,2024Fri.4-7:30 pm CSTMay 25-26th, 2024Sa & Sun9am-5pm CST  May 27th, 2024Mon. 9am-12 pm CST(plus 7.5 hrs. asynchronous hours) CST | Moving the story-healing the person: Movement Based Interventions for Treating Trauma in Children2 Crs / 30 Hrs | Beautiful Studio 214 (2nd floor) 2242 University Ave. W. St Paul MN | Mariah Meyer LeFeber, PhD, LPC, BC-DMT Robyn Lending Halsten, MA, LPCC, BC-DMTMinnesota Alternate Route Training (MNART | Barbara Nordstrom-LoebFbenordstrom.loeb@gmail.com#612-916-1829 |
| July 12 – 14 & September 13 – 15, 2024Fri.- Sun.9:00am - 4:30pm CST | Advanced Group Dance/Movement Therapy:A Relational Group Approach to Intersubjectivity and Object Relations  3 credits (45 hours) | Austin, TX | Jacelyn Biondo, PhD, BC-DMT  Embodied Neurobiology | **Contact email:**registration@embodiedneurobiology.com**Website (registration & course details):**[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| November 1 – 3, 2024Fri-Sun.9:00 am - 4:30 pm CT | Embodied Neurobiology: Engaging Neurophysiological Intelligences through Dance/Movement Therapy2 credits (30 hours)  | Austin, TX | Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology | **Contact email:**registration@embodiedneurobiology.com**Website (registration & course details):**[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |

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| **Distance /On-Line Format (non-hybrid)**Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| **Dates/Times** | **Title of Course/****(credits/hours)** | **Location (City, State or City, Country)** | **Primary Instructor/****Institution** | **Email/phone contact/organization website** **(if applicable)**  |
| January 3-March 6, 2024 Wednesdays6:30 PM-9:30 PM EST | Introduction to Laban Movement Analysis (2 credits/30 hours) | Online via Zoom fromNew York, NY USA  | Karolina Bryl, PhD, R-DMT/DMP, CMA, RSMT/E | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| Jan.14thSun.10am-4:30pm CT&Jan.20thSat.10am-4:30pm CT&Feb. 4Sun.1pm-4pm CT | Introduction to Current Applications of Dance/Movement Therapy in Practice 1 credit (15 hours) | Online | Kalila Homann, LPC-S, BC-DMT Embodied Neurobiology | **Contact email:**registration@embodiedneurobiology.com**Website (registration & course details):**[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |
| Jan. 17th- May 1stWeekly on Wednesdays5:45pm-7:15pm EST | DMT and Systemic Approaches to Addictions Treatment3 credits/ 45 hours | Online/Zoom | Mary Patterson, BC-DMTAntioch University New England | Email: cstewart5@antioch.edu |
| 1/18-3/28/236-8pm EST | Introduction to the Kestenberg Movement Profile 2 credits/30 hours | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC | suzannehastie@aol.com/610-417-0831 |
| January 19- 21st&January 26th-28th, 2024Fri.-Sun. 9:30am-6pm PT6 day Intensive Course | Dance/Movement Therapy Theory & Practice  3 credits - 45 hrs.Theoretical Origins, Foundations, and Principles | ONLINEZOOM COURSE | **B**onnie Bernstein, LMFT, BC-DMT, REAT “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified SupervisorFor Course Flier, Institute Application  and Phone Interview contact:Email: bon4dance@gmail.comWebsite:[dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| Jan.19th-21st, 2024Fri.-Sun.10am-5pm CT | Experiential Anatomy/Kinesiology1 cr/15 hrs | Zoom/Online | Madeleine Reber/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| January 28 - February, 25, 2024Sundays 6:30 PM – 9:30 PM EST | Ethics in Dance/Movement Therapy (1 credit/15 hours) | Online via Zoom from Rock Hill, SC USA  | Leslie Armeniox, PhD., MCAT, LCMHC, LPC, BC-DMT | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| January 30 - February 27, 2024Tuesdays6:30 PM – 9:30 PM (day & times subject to change) | Trauma and the Moving Body (1 credit/15 hours) | Online via Zoom from Albuquerque, NM USA  | Amber Gray, PhD, MPH, LPCC, BC-DMT, NCC | kinectionsinfo@kinections.com(585) 473.5050; (585) 295-3312[www.kinections.com](http://www.kinections.com)daniellefraenkel@kinections.comwww.facebook.com/kinections |
| Starts February 2nd ,2024 Fridays 4-7pm CST10-week course | DMT: Intro & Invitation2 crs/30 hrs | Zoom/Online | Kim Rothwell/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Feb. 10th-11th,2024Sa & Sun9am-6 pm CT | LMA I: Observation1 cr/15 hrs | Zoom/online | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| April 10, 17, 24May 1, 8, 15, 22, 29June 5, 122024Wednesdays5:30pm-8pm PT (plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part I: Theory, Methods and Techniques - beginner level.(2 credits/30hrs)Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: <https://themovementarc.com/dmt__3_years/introduction-to-dance-movement-therapy-i-2-credits-2/> |
| April 12th-14th &April 19th-21st, 2024 Fri.-Sun 9:30am-6pm, PT 6 day Intensive Course | Dance/Movement Therapy Theory & Practice 3 credits - 45 hrs.DMT For the Higher Functioning Client: The Methods of Blanche Evan | ONLINEZOOM COURSE | Instructor: Bonnie Bernstein, LMFT, BC-DMT, REAT “Life Is Movement” Dance/Movement Therapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified SupervisorFor Course Flier, Institute Application  and Phone Interview contact:Email: bon4dance@gmail.comWebsite:[dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| Sept. 13th- 15th&Sept.20th- 22nd, 2024 Fri.-Sun. 9:30am-6pm, PT 6 day Intensive Course | Dance/Movement Therapy Group Process 3 credits - 45 hrs. | ONLINEZOOM COURSE | Instructor: Bonnie Bernstein, MFT, BC-DMT, REAT, CAMFTCertified SupervisorLife Is Movement” Dance/MovementTherapy Institute: In The Methods Of Blanche Evan | **Contact Institute Director:**Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified SupervisorFor Course Flier, Institute Application, and Phone Interview contact: Email: bon4dance@gmail.comWebsite: [dancetherapyinstitute.com](http://dancetherapyinstitute.com/) |
| September 18, 25Oct 2, 9, 162024Wednesdays5:30pm-8pm PT(plus .5hr asynchronous) | Introduction to Dance/Movement Therapy Part II: Clinical Applications - beginner level(1 credit/15hrs)Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest BC-DMT instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/introduction-to-dance-movement-therapy-ii-1-credit-2/ |
| Nov 13, 20, 27Dec 4, 112024Wednesdays5:30pm-8pm PT(plus .5hr asynchronous)  | The Moving Child Part I: DMT with Infants and Children - intermediate level.(1 credit/15hrs)Category: DMT Theory & Practice) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-i-dmt-with-infants-and-children-1-credit-4/ |
| January 15, 22, 29, Feb 5, 1220255:30PM-8pm PT(plus .5hr asynchronous) | The Moving Child Part II: DMT with Youth and Teens - intermediate level.(1 credit/15hrs)Category: DMT Theory & Practice,) | Primary Instructor in British Columbia, Canada-Online using Zoom | Hana Kamea Kemble, MA, BC-DMT, RCC, CLMA, RYT, BMP, IFOT (with guest instructor)of The Movement Arc: Dance Therapy and Somatic Education  | info@themovementarc.comTel: 604-781-6040 (Hana)[www.themovementarc.com](http://www.themovementarc.com)Course description: https://themovementarc.com/dmt\_\_3\_years/the-moving-child-ii-dmt-with-youth-and-teens-1-credit-3/ |