*ALTERNATE ROUTE COURSE CALENDAR*

Additional Alternate Route course offerings and information are listed below:

CALENDAR - NOTE: due to COVID-19 many Alternate Route Courses are being offered on line. Please refer to the tables (below) for options and details.

Also please contact the instructor or organization for any changes from what is listed below.

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| USA WEST COAST Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| Dates/Times | Title of Course/(credits/hours) | Location (City, State or City, Country) | Instructor/Institution | Email/phone contact/ organization website (if applicable) |
| Fri ,Sat, Sun Sept. 24-,26 & Oct.1-3 2021Time: 9:30-6 | DMT For Children and Adolescents:In the Methods of Blanche Evan3 credits - 45 Hours  | ONLINEZOOM COURSE | Life Is Movement” DMT Institute: In The Methods Of Blanche EvanBonnie Bernstein, MFT, BC-DMT, REAT | bon4dance@gmail.com |
| Fri, Sat , Sun Dec 3-, 5, & 10,- 12 2021 Time: 9:30-6 | DMT Theory & PracticeDMT For the Higher Functioning Client: TheMethods of Blanche Evan3 Credits-45 hours | ONLINEZOOM COURSE | “Life Is Movement” DMTInstitute: In The Methods Of Blanche EvanBonnie Bernstein, MFT, BC-DMT, REAT | bon4dance@gmail.com |
| Fri, Sat , Sun  Feb. 4 -6 & 11- 13 2022 Time: 9:30-6 | DMT Theory and Practice: Theoretical Origins, Foundations and Principles 3 credits -45 Hours | ONLINEZOOM COURSE | “Life Is Movement”DMT Institute: In The Methods Of Blanche EvanBonnie Bernstein, MFT, BC-DMT, REAT | bon4dance@gmail.com |
| Ap. 1-3 & 8-10 2022Time: 9:30-6 | DMT Theory & Practice  3 credits - 45 hrs.Part A-30 hours DMT For Prevention, Treatment, Aftercare And Self CarePart B-15 HoursAdvanced Clinical Skills: Blanche Evan  | ONLINEZOOM COURSE |  “Life Is Movement” DMT Institute: In The Methods Of Blanche EvanBonnie Bernstein, MFT, BC-DMT, REAT | bon4dance@gmail.com |

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| USA EAST COASTProspective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| Dates/Times | Title of Course/(credits/hours) | Location(City, State,Country) | Instructor/Institution | Email/phone contact/ organization website (if applicable) |
| April 28-June 30, 2021 Wednesdays, 8:00-10:00 am EST | Constructing Kestenberg Movement Profiles II: Tension Flow Attributes, Pre-efforts, Efforts, Shaping in Directions, & Shaping in Planes (2 cr/30 hrs | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com/610-417--0831 |
| June 16-October 13, 2021; Every other Wednesday 1-3pm EST | Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow, & Unipolar Shape Flow (2 cr/30 hours) | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com/610-417-0831 |
| August 24-October 26, 2021; 6-8pm EST | Introduction to the Kestenberg Movement Profile (2cr/30 hours) | Online via Zoom | Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst | suzannehastie@aol.com/610=417-0831 |
| Fall 2021 | Psychomotor TherapyLiljan Espenak’s Dance Therapy Approach | Online via Zoom | Nana Koch, Ed.D, LCAT, BC-DMT, LPC, NCC, LMA | KinectionsKinectionsinfo@kinections.com(585) 473.5050[www.kinections.com](http://www.kinections.com)(585) 295-3312[www.facebook.com/kinections](http://www.facebook.com/kinections) |

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| USA CENTRALProspective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| Dates/Times | Title of Course/(credits/hours) | Location (City, State or City, Country) | Instructor/Institution | Email/phone contact/ organization website (if applicable) |
| Aug. 27-29, 21-- 11am-5pm CST | Experiential Anatomy/Kinesiology1 credit | On-line | Madeleine Reber/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Sept 8-Dec 15Wed. weekly 2:05-3:35 CST | Introduction to Dance/Movement Therapy2 cr/30 hrs | ZOOM/ON-LINE FORMAT  | Barbara Nordstrom-Loeb Dance Dept. University of MN- Twin Cities  | Fbenordstrom.loeb@gmail.com#612-916-1829 |
| Begins Sept. 10, 2021Fri. 3-6 CST | DMT: Intro & Invitation2 cr. | ON-LINE  | Kim Rothwell/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| September 16-19 2021 |  Trauma & Polyvagal-informed DMT | Austin TX | Dr. Amber E GrayEmbodied Neurobiology/SW Collaborative | https://embodiedneurobiology.com/ |
| Sept. 11 & 12, 20219am-6pm | LMA1: observation 1 cr.hr/15 hours | ON-LINE | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Fall, 2021Exact dates TBA | Neuroscience of embodied presence2 credits/30 hours | In person Chicago | Kris Larsen/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Begins Sept. 13Mon, 6-9CST | LMA2: Body & Effort3 credits/45 hours | ON-LINE | Stacey Hurst/EEIC | [www.eeichicago.com](http://www.eeichicago.com)embodiededucationinstitute@gmail.com |
| Sept. 24-26Fri (1-8:30 CST)-Sun (9-4:30 CST | Dance/Movement Therapy and Trauma2.5 cr/22.5 hrs | ZOOM/ON-LINE FORMAT  | Barbara Nordstrom-Loeb Minnesota Alternate Route Training (MNART) | Fbenordstrom.loeb@gmail.com#612-916-1829 |
| Sat./Sun -Oct 9-10 & 23-24 (9-2:30 CST + 4 hours asynchronous)  | Dance/Movement Therapy 1- The Power of Movement2 cr/30 hrs | ZOOM/ON-LINE  | Barbara Nordstrom-Loeb Minnesota Alternate Route Training (MNART) | Fbenordstrom.loeb@gmail.com#612-916-1829 |
| Fr-Su -Nov. 12-14, 2021F:1-8:30 CSTSa/Su 9-4:30 CST  | Dancing Difference: Diversity & Multicultural Awareness1.5 cr/22.5 hrs  | Minneapolis MN (in person)   | Kyla Marie GilmoreBarbara Nordstrom-Loeb Minnesota Alternate Route Training (MNART) | Fbenordstrom.loeb@gmail.com#612-916-1829 |
| Th 6:30-9:30 Sat. 9-5 CSTDec. 9 &11, Dec.16 &18,Jan 6 & 8 (2022) | LMA/LBMS 3- The Language of Movement 2 cr/30 hrs  | ON-LINE/ZOOM  | Barbara Nordstrom-Loeb Minnesota Alternate Route Training (MNART) | Fbenordstrom.loeb@gmail.com#612-916-1829 |
| March 24-27, Th-Su: Mar 24-27 & Fr-Mn May 27-30, 20229am-5pm CST | Moving through the Cycles of Life4 credits, 60 hours(1 cr. Kinesiology, 3 cr. DMT Theory) | Austin, Texas | Kalila Homann, LPC-S, BC-DMT/Embodied Neurobiology | kalila@embodiedneurobiology.com[www.embodiedneurobiology.com](http://www.embodiedneurobiology.com) |

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| INTERNATIONALProspective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| Dates/Times | Title of Course/(credits/hours) | Location (City, State or City, Country) | Primary Instructor/Institution | Email/phone contact/organization website (if applicable)  |
| July 2021 | DMT Group Process (3 crs / 45 hrs) | Montreal, QC, Canada | Judith Bunney | [www.grandsballets.com/voiealternative](http://www.grandsballets.com/voiealternative) |
| Oct 1- 4, & 15-18, 2021 10am-1:30pm, PDT | Introduction to DMT I: Theory, Methods, and Techniques(2 Credits/30 hours) | ONLINE ZOOM COURSE: 24 hours synchronous learning and 6 hours asynchronous learning | Hana Kamea Kemble, MA, BC-DMT, CLMA, RCC, RYT  | Hana Kamea Kemble/Instructor or Melissa Flagg/Administrative Coordinator westcoastdancemovementtherapy@gmail.com+1 604 781 6040<https://westcoastdmt.com> |
| NoV 12-14: & 27, 28, 202110am-1:30pm, PDT | Introduction to DMT II: Clinical Applications (1 credit/15 hours) | ONLINE ZOOM COURSE: 15 hours synchronous learning | Tannis Hugill RCC, RDT, BC-DMT (Part II)/West Coast Dance Movement Therapy | Hana Kamea Kemble/Instructor or Melissa Flagg/Administrative Coordinator westcoastdancemovementtherapy@gmail.com+1 604 781 6040<https://westcoastdmt.com> |

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| NOTE: due to COVID-19 many Alternate Route Courses are being offered on-line. Please refer to the tables (above) for options and details.Distance /On-Line Format (non-hybrid)Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses. |
| Dates/Times | Title of Course/(credits/hours) | Location (City, State or City, Country) | Primary Instructor/Institution | Email/phone contact/organization website (if applicable) |