

ALTERNATE ROUTE COURSE CALENDAR Jan 1, 2023

Additional Alternate Route course offerings and information are listed below:

NOTE: due to COVID-19 precautions many Alternate Route Courses are being offered on-line. Please refer to the tables (below) for options and details. (ET= Eastern Time Zone (US); CT= Central Time Zone (US); PT= Pacific Time Zone (US))

Contact the instructor or organization for more information or any changes from what is listed below.

NOTE: ALL ONLINE FORMAT COURSES ARE LISTED TOGETHER. IN PERSON OR HYBRID COURSES ARE LISTED BY LOCATION/REGION

DISTANCE /ON-LINE FORMAT (NON-HYBRID)				
Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.				
Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
Weds Jan 4-Feb 22 6 -10 PM ET	Introduction to the Kestenberg Movement Profile	Online via Zoom	Karolina Bryl, PhD, R- DMT/DMP, CMA, RSMT/E	kinctionsinfo@kinctions.com (585) 473.5050; (585) 295-3312 www.kinctions.com daniellefraenkel@kinctions.com www.facebook.com/kinctions
Weds 1/18, 2/1, 2/15, 3/1, 3/29, 4/12, 4/26, 5/10, 5/24, 6/7 12-1:30 ET	Ways of Seeing International Webinar 2 yr, 4 sem. course (8 crs toward alternate route)	Online Webinar	Dr. Suzi Tortora – Dancing Dialogue	assistant@dancingdialogue.com (845)265-1085 www.dancingdialogue.com
Jan 19-Mar 23, 2023 6:00-8:00pm ET	Introduction to the Kestenberg Movement Profile (2 credits/30 hours)	Online via Zoom	Suzanne Hastie, MA, BC- DMT, NCC, LPC	suzannehastie@aol.com/610-417- 0831/www.kestenbergmovementprofile.org
Jan 20-23 & 27- 29 F 5-8 pm CST Sa/Su 9-3 pm CT	The Language of Movement 2: LMA/LBMS (2 cr. 30 hr)	Online via Zoom	Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART)	Fbenordstrom.loeb@gmail.com #612-916-1829

Jan. 20-22 11-5 CT	Experiential Anat/Kinesiology 1 credit/15 hours	Online via Zoom	Madeleine Reber/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
Tu. Jan 24-Apr 11, 23 No class Feb 14 & 21 6 PM – 9 PM ET	Music for the Dance/Movement Therapist (2 credits 30 hours)	Online via Zoom	Kinections Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP	kinectionsinfo@kinections.com (585) 473.5050; (585) 295-3312 www.kinections.com daniellefraenkel@kinections.com www.facebook.com/kinections
Feb.4/5;11/12; 18/19,	Theory & Practice: DMT with Children - Early Influences & Development (30 hs, 2 crs)	On Line Zoom format	Christina Devereaux/ Inspirees Institute, China	Email: education@inspirees.com Website: www.inspirees.com
Feb 4-5, 12-6 pm ET	Introduction to Experiential Anatomy and Kinesiology (1 credit/15 hours)	Online via Zoom	Kim Burden, LCMHC, LCAT, BC-DMT, RDT/BCT, CP Certified Practitioner of Body-Mind Centering®	kburden@antioch.edu
Feb. 10-12 & Mar. 10-12	Neuroscience of Embodied Presence 2 credits/30 hours	Hybrid: In person &ON- LINE format	Kris Larsen/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
Fri.-Feb. 24 For 10 wks 3-6 pm CT	DMT: Intro & Invitation 2 credit/30 hours	Online via Zoom	Kim Rothwell	www.eeichicago.com embodiededucationinstitute@gmail.com
Sa/Su- Feb 25 & 26; Mar 11& 12, 25 & 26, Ap 22 & 23; May 6 & 7; Ju 10 & 11 applications & late registration accepted until Mar. 1, 2023. 10 AM – 2 PM ET	Dance/Movement Therapy Theory and Practice: LivingDance~Living Music:Theory, Method & Experience: Where Dance is the Star and Psychology the Supporting Actor (3 credits/45 hours)	Online via Zoom	Kinections Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP	kinectionsinfo@kinections.com (585) 473.5050; (585) 295-3312 www.kinections.com daniellefraenkel@kinections.com www.facebook.com/kinections
F/Sa/Su	Dance/Movement	Online via Zoom	Barbara Nordstrom-Loeb	Fbenordstrom.loeb@gmail.com

Mar 3-5& 24-26 F-5-8 CST + Sa/Su 9-3 CT	Therapy and Trauma (2 Cr./30 hr)		MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART)	#612-916-1829
F. Mar 24- 6-9 pm Sa & Su Mar 25 & 26, 9-12 & 2 -5 pm ET	Bringing Dance To Older Adults & People With Dementia	Online via Zoom	Donna Newman- Bluestein, MEd, BC-DMT, CMA, LMHC at the 92 nd Street Y	Donna Newman-Bluestein dnewmanbluestein@gmail.com https://www.92ny.org/dance/dance-therapy-program
Ap 6-Ju 8 6:00-8:00pm ET	Constructing Kestenberg Movement Profiles I: Tension Flow Rhythms, Bipolar Shape Flow & Unipolar Shape Flow n (2 cr/30 hrs)	Online via Zoom	Suzanne Hastie, MA, BC- DMT, NCC, LPC	suzannehastie@aol.com/610-417- 0831/www.kestenbergmovementprofile.org
Sa/Su- Ap 22&23+29& 30, 9 – 4 CT + 4 hours asynch.	DMT 1: The Power of Movement (2 cr/30 hr)	Online via Zoom	Barbara Nordstrom-Loeb MFA, MA, BC-DMT, CMA, LMFT, WoS, SEP Minnesota Alternate Route Training (MNART)	Fbenordstrom.loeb@gmail.com #612-916-1829
June 2,-4, 9- 11 9:30-6 PT	DMT:Theory & Practice Children & Adolescents 3 cr- 45 hrs.	Online via Zoom	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor. bon4dance@gmail.com
Aug 30-Nov 1, 6:00-8:00pm ET	Constructing Kestenberg Movement Profiles II: Tension Flow Attributes, Pre-efforts, Efforts, Shaping in Directions, & Shaping in Planes(2 cr/30 hrs)	Online via Zoom	Suzanne Hastie, MA, BC- DMT, NCC, LPC	suzannehastie@aol.com/610-417- 0831/www.kestenbergmovementprofile.org
Oct 13- 15, 20 - 22	DMT: Theory & Practice	Online via Zoom	“Life Is Movement” DMT Institute: In The	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor

Time: 9:30-6 PT	Part A- (30 hours) Prevention, Treatment, Aftercare, and Self Care Part B- (15 Hours)		Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	bon4dance@gmail.com
Spring, 2023 15 weeks Tuesdays 6-9pm CT	LMA II: Body & Effort 3 credits/45 hours	In person Chicago, IL, USA	Stacey Hurst/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
Jan 20- 22 & 27- 29, 2024 9:30-6 PT	DMT:Theory & Practice Theoretical Origins, Foundations, and Principles 3 credits - 45 hrs.	Online via Zoom	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor. bon4dance@gmail.com
Ap 12-14 & 19- 21, 2024 9:30-6 PT	DMT: Theory & Practice DMT For the Higher Functioning Client: The Methods of Blanche Evan 3 credits - 45 hrs.	Online via Zoom	“Life Is Movement” DMT Institute: In The Methods Of Blanche Evan Bonnie Bernstein, MFT, BC-DMT, REAT	Bonnie Bernstein, LMFT, BC-DMT, REAT, CAMFT Certified Supervisor bon4dance@gmail.com

USA WEST COAST

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
-------------	-------------------------------------	--	------------------------	---

USA EAST COAST

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location(City, State,Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
M-W Feb 20-22, 2023 8 am – 3 pm ET	Dance for Students with Disabilities 1.3 credits/ 20 hours	Lexington Ave at 92nd St. NY, NY, USA	Diane Duggan, PhD, BC-DMT at the 92 nd St. Y	92Y Dance Education Laboratory (DEL) Erin Lally, Director, Dance Education Laboratory (DEL) Erin Lally ELally@92ny.org https://www.92ny.org/class/dance-for-students-with-disabilities

USA CENTRAL

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Instructor/Institution	Email/phone contact/ organization website (if applicable)
January 13-16	Sitting alongside: A Multidimensional & Multiversal Framework for Movement Obs. & Assessment 3 cr., 45 hours	Austin, Texas	Amber Gray Ph.D, BC-DMT and Selena Coburn, LPC, BC-DMT/Embodied Neurobiology Program	registration@embodiedneurobiology.com www.embodiedneurobiology.com
Jan. 28-29 9-6 CT	DMT in Substance Use Recovery 1 credit/15 hours	In person Chicago, IL, USA	Jessica Young/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
Jan. 28-29 9-6 CT	LMA 1: Body & Effort 1 credit/15 hours	Hybrid - (online & In- person) Chicago, IL, USA	Stacey Hurst/EEIC	www.eeichicago.com embodiededucationinstitute@gmail.com
March 30-April 2,	Group DMT: A Jungian Perspective 2 Credits, 30 hours	Austin, Texas	Kalila Homann, LPC-S, BC-DMT/Embodied Neurobiology Program	registration@embodiedneurobiology.com www.embodiedneurobiology.com

INTERNATIONAL

Prospective AR students are responsible for contacting individual course providers to ascertain additional admission requirements for all courses.

Dates/Times	Title of Course/ (credits/hours)	Location (City, State or City, Country)	Primary Instructor/ Institution	Email/phone contact/organization website (if applicable)
Jan 27:9:30-5 PT Jan 28: 2-5pm PT (obs in AM) Jan 29:9:30-4 PT	DMT with Children: The Moving Child -level I (1 cr/15hrs)	Vancouver, BC Canada	Hana Kamea Kemble, BC-DMT	The Movement Arc: Dance Therapy and Somatic Education Centre info@themovementarc.com www.themovementarc.com Phone: 604 781 6040
Jan 30: 2-5 PT Jan 31: 9:30-5 PT Feb 1: 9:30-5 PT	DMT with Youth: The Moving Child level II (1 credit/15hours)	Vancouver, BC Canada	Hana Kamea Kemble, BC-DMT	The Movement Arc: Dance Therapy and Somatic Education Centre info@themovementarc.com www.themovementarc.com Phone: 604 781 6040
July 22- 29	Group Processes in LivingDance~ LivingMusic	Corfu, Greece	Danielle Fraenkel, Ph.D., BC-DMT, NCC, LCAT, LMHC, CGP; Jeffrey Mehr, MA, MLP	kinnectionsinfo@kinnections.com (585) 473.5050; (585) 295-3312 www.kinnections.com daniellefraenkel@kinnections.com www.facebook.com/kinnections