ALTERNATE ROUTE COURSEWORK

COLLEGES/UNIVERSITIES (College Credit)
Note: Graduate DMT courses offered through ADTA approved programs are automatically approved for Alternate Route.

Antioch University New England
40 Avon Street, Keene, NH 03431-3516
Telephone: 603-283-2151
Contact: Chevon Stewart, Coordinator -- cstewart5@antioch.edu
Low Residency Dance/Movement Therapy Certificate

Lesley University
29 Everett Street Cambridge, MA 02138
Telephone: 617-349-8413
Contact: Nancy Beardall, PhD, BC-DMT, LMHC, CMA, Program Coordinator --- beardall@lesley.edu
Valerie Blanc, PhD, BC-DMT, LMHC, CMA, vblanc@lesley.edu
Master of Arts in Mental Health Counseling and Dance/Movement Therapy
Expressive Therapies Division, Graduate School of Arts and Sciences
Graduate Certificate in Dance/Movement Therapy—Alternate Route (on campus and low residency)
Certificate of Advanced Graduate Study in Expressive Therapies—Alternate Route, January and Summer Intensive courses

Pratt Institute
North Hall 237
200 Willoughby Avenue
Brooklyn, NY 11205
Telephone: 718-636-3428
Contact: Julie Miller, LCAT, LCSW, BC-DMT, Director
Email: jmiller2@pratt.edu
Pratt also offers the 60-credit master’s program in a Low Residency Format which will accommodate Alternate Route Students seeking to obtain credits of Dance/Movement Therapy and Movement Observation courses as part of an academic cohort.

University of Minnesota
Minneapolis, MN 55410
Contact: Barbara Nordstrom-Loeb
Email: loebx001@umn.edu
Telephone: 612-916-1829
Graduate-level approved Alternate Route courses; advising for R-DMT and assistance with fieldwork and internship sites.

FREESTANDING COURSEWORK (Non-college credit)
Note: The ADTA only approves individual Alternate Route courses toward the R-DMT not Alternate Route Institutes or programs. Please check to make sure the courses you take are Alternate Route approved.

Apollo Education China
Location: Based in in Beijing, China.
Contact information: Dr. Li Weixiao
Founder of Apollo Education China
Founder of Beijing CATE Consulting
BTD dance movement therapist
Cell: 0086 15801578241
Email: mail@chinadmt.com

Beyond Words/Embodied Neurobiology (part of the Southwest Collaborative)
Location: Austin, Texas.
Contact: Kalila Homann, LPC-S, BC-DMT, Program Director: kalila@themindbody.net
www.embodiedneurobiology.com
Telephone: 512.441.8334
Intensives and ongoing courses approved by the ADTA.

Body As Voice: Restorative Resources Training and Consulting (part of Southwest Collaborative)
Location: Santa Fe, New Mexico, Austin, Texas, and Oceania
Contact: Dr. Amber Elizabeth Gray, PhD., MPH, BC-DMT, LPCC, Program Director
www.ambergray.com
Email: amber@ecentral.com
Phone: 505-603-7021
Trauma-informed and polyvagal-informed dance/movement therapy courses approved by the ADTA. Workshops, intensives, and ongoing courses.

Dance/Movement Therapy for Older Adults and People with Dementia
Westwood, MA (and other locations TBD)
Email: donna@danceforconnection.com
Website: www.danceforconnection.com/upcoming-events
Approved for Alternate Route, 15 hours, 1 CEU
Offered periodically. Check website for calendar of upcoming training.

Dancing Dialogue
Location: Cold Spring, NY and New York, NY
Contact: Dr. Suzi Tortora ED.D, CMA, BC-DMT, LCAT, LMHC
Email: suzi@suzitortora.com or assistant@dancingdialogue.com
Phone: 845-265-1085
Website: www.suzitortora.com
Approved Alternate Route courses offered in-person and online. Ways of Seeing International Webinars.

Embodied Education Institute of Chicago
EEIC offers a sequential course curriculum—ongoing classes throughout the year with student advisement and internship supervision. Courses approved by the ADTA.

**Harkness Dance Center of the 92nd Street YMHA-YWHA**
1395 Lexington Ave  
New York, NY 10128  
Telephone: 212-415-5555  
Contact: Tina Erfer, BC-DMT [tedance@live.com](mailto:tedance@live.com) or Dr. Miriam Roskin Berger, BC-DMT [mb33@nyu.edu](mailto:mb33@nyu.edu)  
Dance/Movement Therapy Courses and Summer Alternate Route Courses approved by the ADTA.

**Inspirees Institute**
Location: China/The Netherlands  
Program Manager, Katee Yan Shen  
Inspirees Education Group (IEG)  
Email: y.shen.inspirees@outlook.com  
T: +31.15.879.5501 (Europe) | +86.10.8446.7947 (China) | +86.15911509565 (China)  
[www.inspirees.com](http://www.inspirees.com)  
Inspirees Institute – Innovator in Body-mind training

**Kinections**  
718 University Avenue Rochester, NY 14607  
Telephone: 585-473-5050  
Contact: [kinectionsinfo@kinections.com](mailto:kinectionsinfo@kinections.com) or Danielle Fraenkel, PhD, BC-DMT, NCC, LCAT, LMHC, CGP at [daniellefraenkel@kinections.com](mailto:daniellefraenkel@kinections.com)  
Offer all the courses required for the alternate route to certification. All have been approved by the American Dance Therapy Association.

Kinections is an NBCC-Approved Continuing Education Provider (5767) and may offer NBCC-approved clock hours for events that meet NBCC requirements.

Kinections Creative Arts Therapies is an approved provider of continuing education for Licensed Creative Arts Therapists # CAT-0033.  
[www.kinections.com](http://www.kinections.com)

**“Life is Movement” Dance Movement Therapy Institute in the Methods of Blanche Evan**  
Palo Alto, CA & Berkeley, CA  
Director: Bonnie Bernstein, MFT, BC-DMT, REAT; Contact: [bon4dance@gmail.com](mailto:bon4dance@gmail.com)  
All courses have been approved by the American Dance Therapy Association as meeting requirements for the Alternate Route (R-DMT) credential.
Minnesota Alternate Route Training
Minneapolis, MN
Contact: Barbara Nordstrom-Loeb
Email: loebx001@umn.edu
Approved Alternate Route courses (intensive format) throughout the year; advising for R-DMT and assistance with fieldwork and internship sites.

Movement Observation & Assessment Courses
Twin Ponds Integrative Health Center
Lehigh Valley, PA
Contact: Suzanne Hastie, MA, BC-DMT, NCC, LPC, Certified KMP Analyst
Email: suzannehastie@aol.com
Telephone: 610-417-0831
Website: www.kestenbergmovementprofile.org
Approved Alternate Route courses (intensive format) on the Kestenberg Movement Profile (KMP) offered each summer and fall.

National Centre for Dance Therapy
Les Grands Ballets Canadiens de Montreal
1435, De Bleury, suite 500, Montréal (Québec) H3A 2H7
Contact: Amy Eloise Mailloux; aemailloux@grandsballets.com
514 849-8681 poste 272
C: 514-969-8293

West Coast Dance/Movement Therapy (WCDMT Training Program)
Location: Vancouver and Tatlayoko Lake, BC, Canada
Contact: Hana Kamea Kemble, MA, RCC, BC-DMT, CLMA, RYT and Tannis Hugill MA, RCC, RDT, BC-DMT
Email: westcoastdancemovementtherapy@gmail.com or hanakameaexpressivearts@gmail.com
Website: www.westcoastdmt.com
T: 604-781-6040 or 250-476-1161
Emphasis on embodied learning, deeply somatically attuned and trauma-informed methodology that is cross-culturally sensitive. Offering 28 credits in the full spectrum of DMT Alt Route ADTA Approved coursework. Courses, intensives, consulting, and supervision.